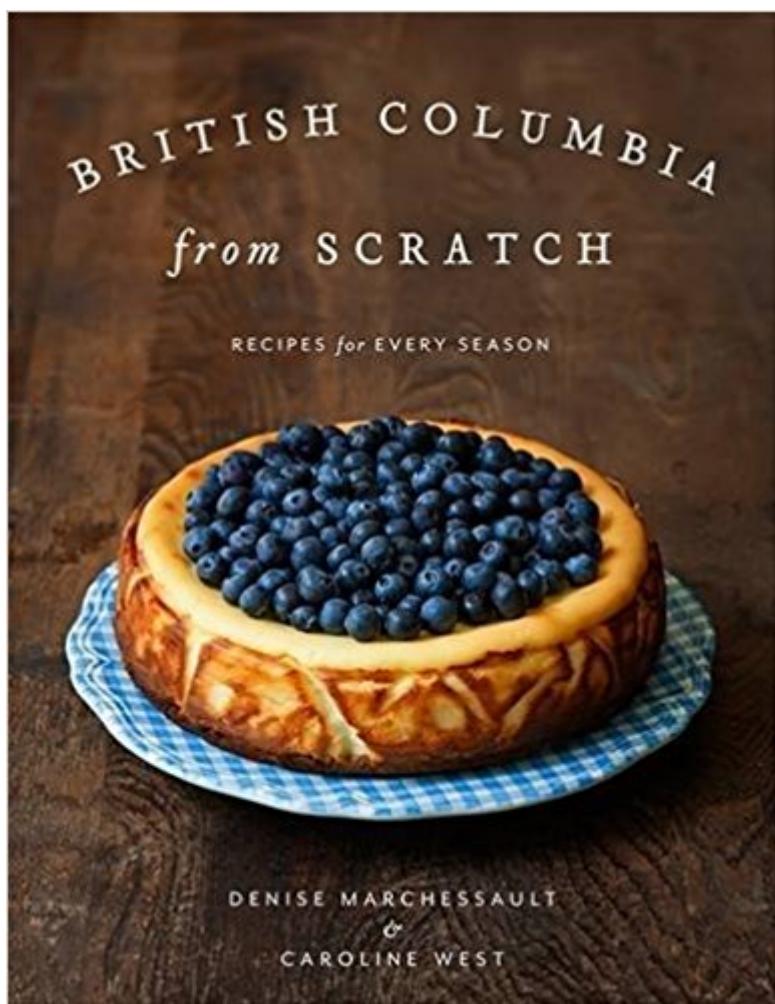


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# British Columbia From Scratch: Recipes For Every Season



## Synopsis

A celebration of British Columbia through a cook's palate and a photographer's lens, this cookbook highlights the province's diverse edible landscape, from the Pacific Ocean's seafood to Okanagan fruit. The seasonal layout pairs an eclectic collection of made-from-scratch recipes with evocative images, paying tribute to wholesome unprocessed foods and the skilled farmers who grow them. Seafood lovers will find plenty of ideas for enjoying the Pacific's bounty with recipes for halibut, salmon, oysters, mussels, clams and spot prawns. B.C.'s prized fruits are featured in summer pies, tarts, meringues and ice cream while fall and winter recipes showcase local pears, apples and cranberries. The Fraser Valley's meats appear throughout the book, as do the region's vegetables that make up vegetarian dishes like the award-winning Ratatouille Pie. There's even a section for getting back to basics with everything from stocks, to pasta, to honest-to-goodness real mayonnaise. British Columbia from Scratch features the province's most commonplace market ingredients, making this book as practical as it is beautiful.

## Book Information

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## Customer Reviews

Denise Marchesault is a classically trained chef with a particular love of French food. A firm believer in cooking from scratch, Denise's soups and sauces are created with fresh, quality ingredients. She received a Grande Diplome from Le Cordon Bleu in Ottawa where she studied both pastry and cuisine. She lives in the Lower Mainland, British Columbia. Caroline West spent years as a magazine art director in Sydney, Australia and London, England and has been working as a photographer since 2001. In 2009 Caroline moved from Sydney, Australia and now resides in

Vancouver Island with her husband, Marco.

enjoying this cookbook

good

I have not spent much time in British Columbia, but having lived in Alaska years ago, I definitely made multiple trips through it. I can clearly remember the breathtaking scenery, and now I get to enjoy their delicious food through this gorgeous book. There is so much to love in this cookbook, from the delightful recipes to ingenious tips and tricks. I love to make my own bone broth to use, but I'd never thought of using flexible muffin tins to freeze it into more manageable portions. Love this idea! Or how about Garlic Poached in Oil. You can use the garlic just as you would fresh garlic in recipes, and the now flavored oil is perfect for salad dressings, bruschetta, etc. As for the recipes themselves, they're divided by season and from there they are divided into savory and sweet. We're heading into winter, so it's a perfect time for a Rustic Beef Stew. It's sooo good! Or how about what is probably my favorite recipe in this book, Chocolate Hazelnut Tarts for dessert? Baked Eggs are popular in my house, and these kick it up a notch with a multitude of seasoned fillings to choose from. Gougeres (Cheese Puffs) are amazing and well loved at my house as well. Of course, for comfort food, you can't miss with classic Chicken Pot Pies. British Columbia From Scratch is an absolutely delightful book. I've loved reading it and cooking from it and I am more than happy to recommend it. Give it a try! I'm sure you'll love it! I received a copy of this book from Whitecap Books for my honest review. All thoughts and opinions are my own.

To say don't judge a book by its cover can be thrown out when it comes to British Columbia From Scratch. The cookbook is 5 stars in every respect. The packaging and layout are fantastic and make total sense. Denise's choice of recipes and the recipes themselves are easy to follow and ingenious with the sorting of ingredients by season to take advantage of optimum freshness and flavor. The food styling is the best and the photography couldn't be better.

This is your new favorite cookbook. The recipes in this book will become your family's. Everything in

here is both impressive and totally doable - you'll use it for your best dinner parties and for casual Tuesdays. Heartfully written with recipes that are really well explained. Beautifully styled and photographed - every recipe has a gorgeous picture. People are getting this book for Christmas. Or wait... maybe I'll just have them over for dinner.

Fantastic cookbook with information and steps that even a beginner can follow. But the food is definitely not beginner quality! Many recipes have quickly become family favorites. And the pictures throughout are stunning! This cookbook was the perfect gift for many out-of-town friends that love and miss BC.

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